

Specification of Competency Standards
for the Arboriculture & Horticulture Industry
Unit of Competency

Functional Area - Occupational Safety and Health for the Arboriculture and Horticulture Industry

Title	Perform manual handling operations
Code	109048L1
Range	This unit of competency is applicable to frontline staff who are engaged in manual labour work in the arboriculture and horticulture industry. Practitioners should be capable of carrying out tasks involving manual handling operations with correct methods and postures according to the instructions of superiors and related guidelines, so as to protect their personal safety.
Level	1
Credit	2 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Possess knowledge related to performing manual handling operations</p> <ul style="list-style-type: none"> • Comprehend the correct methods and postures for performing manual handling operations, such as the correct methods and postures for manual lifting, lowering, pushing, pulling and carrying • Realise the risk factors and causes of injuries when performing manual handling operations • Comprehend the preventive and protective measures for performing manual handling operations • Comprehend the guidelines related to manual handling operations <p>2. Perform manual handling operations</p> <ul style="list-style-type: none"> • Use correct methods and postures to perform tasks involving manual handling operations, such as carrying large tools or tree trunks or branches • Undertake the preventive and protective measures for performing manual handling operations according to the instructions of superiors • Use suitable handling aids to assist in carrying loads <p>3. Exhibit professionalism</p> <ul style="list-style-type: none"> • If the load to be carried is beyond one's capability, seek support from superiors or colleagues proactively
Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"> • Able to use proper manual lifting and carrying methods to perform tasks related to the industry that involve manual handling operations; and • Able to undertake the preventive and protective measures for performing manual handling operations according to the instructions of superiors to reduce the chance of strain and injury.
Remark	