

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Perform Complicated Wounds Care
Code	106056L5
Range	This Unit of competency is applicable to employees in the elderly care services industry who provide clinical care to elderlies. This Competency involves ability of critical analysis. Employees are required to assess the conditions of complicated wounds according to the relevant guidelines and protocols of the institution; apply suitable wound care principles; provide personalized wound care and monitor the effects, so as to facilitate wound healing and prevent infection.
Level	5
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Knowledge on complicated wound care</p> <p>Be able to</p> <ul style="list-style-type: none"> • Understand the nature of complicated wound, for example: <ul style="list-style-type: none"> ○ the size of the wound ○ the involvement of deep tissues ○ long healing time • Understand the complicated wounds common among elderlies, for example: <ul style="list-style-type: none"> ○ arterial ulcer ○ pressure sores ○ infected wound • Understand the factors affecting healing of wounds <ul style="list-style-type: none"> ○ the pathology of wounds, such as ischaemia, oedema, infection and localize pressure ○ lengthening of healing time due to illness, such as diabetes and vascular disease • Understand normal wound healing process, for example: <ul style="list-style-type: none"> ○ epithelialization ○ granulation • Understand the principles of wound care, for example: <ul style="list-style-type: none"> ○ controlling inflammation and infection ○ keep wound at suitable humidity ○ improve nutritional status ○ modification of lifestyle, such as personal hygiene practice • Understand methods to evaluate complication wounds, such as by observing the amount and nature of exudate • Understand methods to manage complicated wounds <ul style="list-style-type: none"> ○ negative pressure wound therapy ○ various debridement procedures • Understand the functions and properties of different dressings <ul style="list-style-type: none"> ○ anti-microbial dressing ○ non-adherent dressing ○ charcoal dressing ○ absorbent dressing ○ hydrocolloid dressing ○ silver dressing . • Understand methods to monitor wound healing progress

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	<p>2. Complicated wound care</p> <p>Be able to</p> <ul style="list-style-type: none"> • Conduct basic assessment on the condition of the wound, including: <ul style="list-style-type: none"> ○ the type and the location of wound ○ the wound bed status ○ the condition of periwound skin ○ the nutritional status of elderlies ○ evaluation of the complicated wound, for example measure the depth with depth probe • Explain the procedures to elderlies and obtain consent • Protect the privacy of elderlies • Assist elderlies to stay in proper posture, ensure they are comfortable throughout the procedure • Perform wound cleansing and other relevant wound care, including applying methods to care for complicated wounds such as: <ul style="list-style-type: none"> ○ apply aseptic techniques ○ take infection control measures ○ apply appropriate wound cleansing method, such as by irrigation and swabbing ○ Dress the wound properly ○ Apply wound dressings properly, such as anti-microbial dressings and wound fillers • Monitor the wound healing progress, by taking note of: <ul style="list-style-type: none"> ○ the size of wound ○ the wound bed ○ the condition of the periwound skin ○ the colour, odour and the volume of exudate ○ take photos regularly to document the healing progress • Document the care process and relevant information properly, for example: <ul style="list-style-type: none"> ○ the dressing used ○ the antiseptics ○ wound healing progress • If there are signs of issues, refer the case to healthcare professionals if necessary <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"> • Provide wound care for complicated wounds according to evidence-based guidelines
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> • Ability to apply assessing and caring methods for complicated wounds according to the relevant guidelines and protocols of the institution, to provide timely and appropriate wound care; and • Ability to monitor the wound healing progress and documenting the care procedures.
Remark	<p>This Unit of Competency is performed by Health&Care practitioners or registered nurses with valid licenses to practice.</p>